

Training Diary Issue 10 - 22.06.10
For July - December 2010

OCHILS MOUNTAIN RESCUE TEAM - TRAINING & EXERCISE

DATE	WHAT?	WHEN & WHERE?	NOTES	TRAINEE PROGRAMME
07 / 07	Navigation (on the hill not on a golf course!)	tba	Simon Randfield to liaise with Trg Team	Navigation paired with Team members
11 / 07	Ex. In Touch	0900hrs @ The Post	Trainees to be given short briefing on the main Search patterns and how we support the deployment of a Search dog; then, participate in a full search.	Search Patterns & Working with dogs (SARDA)
04 / 08	Stretcher work	1900hrs - tba	Stretchers - familiarisation and basic handling inc. lowering, raising, back rope, carry-off and use of wheel. Trainees will also be briefed on The Landrover and its contents	
08 / 08	Assisting @ water rescue	0900hrs @ The Post		as Team
01 / 09	Rigging For Rescue	1900hrs @ The Post		ABC of rope work, Lowering & abseiling
05 / 09	Mountain Day	0730hrs @ The Post Or 0900hrs Glencoe	Glencoe meeting place: GR NN139567 (SW end of Loch, in carpark for Coire nan Beith)	Scrambling & rope work
06 / 10	First Aid Stances	1900hrs @		First Aid and & consolidate radio work
10 / 10	Trainee Assessment	0900hrs @ The Post	Team needed to provide support and scenarios on the hill	
03 / 11	Familiarisation & Ex. in Upper Bannock Burn / Sauchieburn Crags	1900hrs @ Entrance to Waterworks	GR: NS756902 (on Polmaise Rd. heading from C/barron to North Third Res.)	
Saturday into Sunday 06 / 11	Night Exercise / CSMRG-Killin MRT	1730hrs @ The Post	This is interchangeable with Dec: Please note that the dates for November and December are not confirmed as, at the time of this diary being printed no date had been set for the CSMRG Joint Ex.	
01 / 12	Ex. Miner Affair	1900hrs @ the Post		
Saturday into Sunday 04 / 12	CSMRG-Killin / Night Exercise		This is interchangeable with November : Please note that the dates for November and December are not confirmed as, at the time of this diary being printed no date had been set for the CSMRG Joint Ex.	

Other Trainers include: Simon Randfield with FVO (07/07) / Paul Martin & Cairn (11/07) / Alec Camley (04/08) / Docs Paul & Dave (06/10) /